

## The package includes:



AND IF YOU COME BY  
TRAIN FROM BARCELONA...  
You will receive a FREE  
TRAIN TICKET

- ◆ 6 nights of half-board accommodation in charming Rural Houses
- ◆ 6 packed lunches
- ◆ Luggage transfer from accommodation to accommodation
- ◆ 2 guided visits: to the monastery of Ripoll and the monastery of St. Joan de les Abadesses with a route through the medieval village and a visit to the Small Mill
- ◆ 1 Activity at the Scriptorium of Ripoll
- ◆ 2 Gastronomic workshops at the rural accommodation
- ◆ Insurance
- ◆ Documentation and route maps
- ◆ 24-hour contact telephone for information and emergencies.
- ◆ **Final present:** a parchment certifying that you have completed all of the stages of THE SIERRA OF THE MONASTERIES route.

Return train ticket (Barcelona - Ripoll)

## Prices for the 2018 season

The price will vary according to the number of people who do the route together.

- ◆ **Group of 2 people:** ..... 699 , - €  
Price per person in 1 double room
- ◆ **Group of 3 people:** ..... 610 , - €  
Price per person in 1 triple room
- ◆ **Group of 4 people:** ..... 575 , - €  
Price per person in 1 quadruple room
- ◆ **1 person alone:** ..... 945 , - €  
Price per person in 1 single room

Direct payment of the tourism tax at the accommodation establishments (€0.50 per person, per night)

It is possible to contract a guide/interpreter of the local territory for the whole route.



## Map

Only 105 km away from Girona and Barcelona.



We can also help you to book a wide range of complementary services, including: flights or train tickets to Barcelona, hotels, cultural and leisure activities within the territory, etc.

[www.serrademonestirs.com](http://www.serrademonestirs.com)



PIRINEU EMOCIÓ – SERRA DE MONESTIRS

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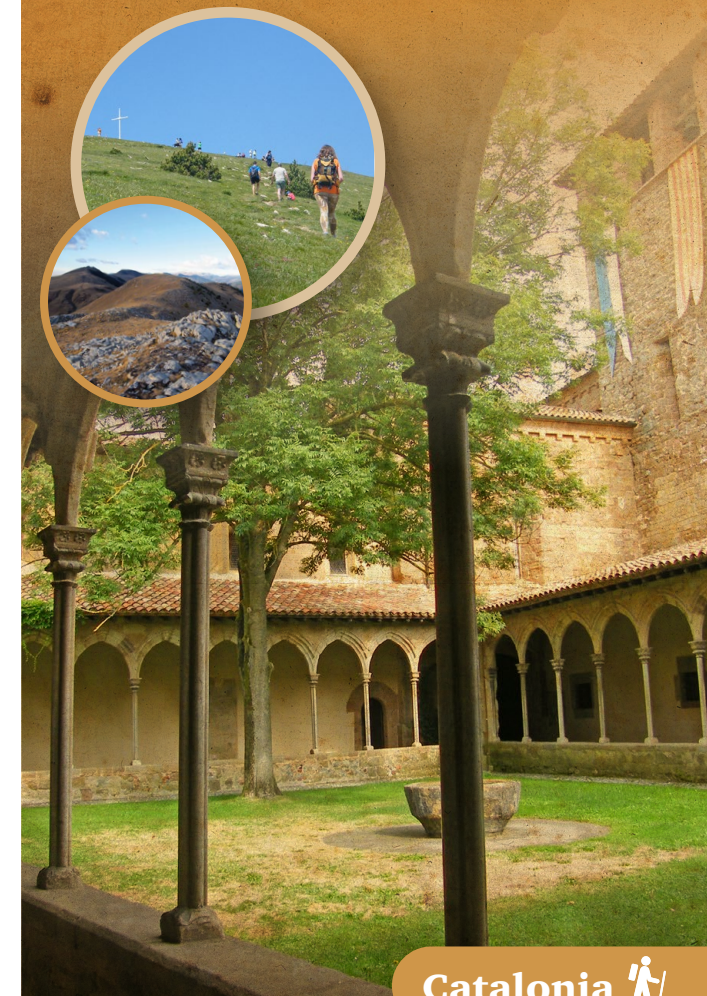
[info@pirineuemocio.com](mailto:info@pirineuemocio.com)



## Serra de Monestirs

The sierra of the Monasteries (Catalonia – Spain)

Discover a land full  
of history on foot



Catalonia

A circular, self-guided trekking route that will allow you to explore the Cavallera Sierra and the monasteries that lie at its feet, deep in the heart of Catalonia.



# Route

## Day 1 - The monastery of knowledge

### Ripoll

Arrival at Ripoll. Welcome and presentation of the route. Guided visit to the monastery of Ripoll where you will see the best Romanesque-style portal in the world and the cloister and you will also discover how the monks worked in the Scriptorium. Activity involving writing with lead. **Accommodation at La Trobada.**

## Day 2 - Land of pioneers

### Ripoll - St. Joan de les Abadesses

The route starts with a walk that follows part of an old railway line. It later crosses farmland and finally passes through the lush woodland that runs beside the River Ter. Guided visit to the town, the Monastery and the Small Mill. Lunch and evening meal at the century-old shop known as Casa Rudes. **Accommodation at La Ruta del Ferro.**

**Distance: 10.72 km; Net variation in altitude: +200 m**

## Day 3 - The course of the Ter

### St. Joan de les Abadesses - Llanars

Leaving Sant Joan de les Abadesses, the route follows the path that used to run between the rural houses of La Solana. It later reaches Sant Pau de Segúries and, after leaving this village, enters a cool beech grove. The route then goes on to Camprodon, where the remains of a third monastery can be found. **Accommodation at Can Galló.**

**Distance: 19.15 km; Net variation in altitude: +690 m**

## Day 4 - The boundaries of the 3 bishoprics

### Llanars - Sant Martí d'Ogassa

The route climbs up along the Cavallera Sierra, allowing walkers to enjoy wonderful views, and then follows the old droving route to the high pastures. It goes along the ridge, from where it should be possible to see vultures gliding overhead, and - with a little luck - you may also be rewarded with the sight of a majestic golden eagle in flight. You will come to Sant Martí d'Ogassa, where you will stay at Mas Mitjavila. In the afternoon, there will be a cookery workshop.

**Distance: 14.26 km; Variation in altitude: +900 m /-700 m**

## Day 5 - The top of the sierra

### Sant Martí d'Ogassa - El Taga - Sant Martí d'Ogassa

This circular stage will allow you to reach the highest point of the sierra that you have been climbing: El Taga. This is an ascent set in a clean, pure, high-mountain setting, and along the way, you may even come across the shy, agile, chamois. In the afternoon, there will be a cookery workshop at Mas Mitjavila.

**Distance: 7.32 km; Variation in altitude: +700 m /-700 m**

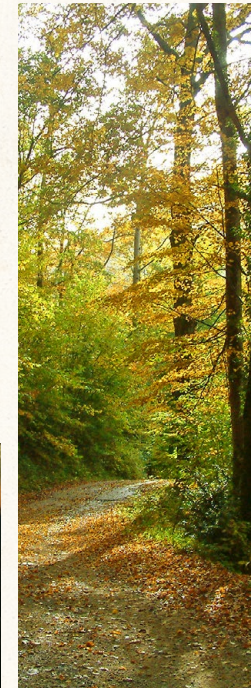
## Day 6 - The lost parish church

### Sant Martí d'Ogassa - Ripoll

This route, which follows narrow mountain paths, runs through vast woodlands, crosses raging mountain streams, and offers the generous shade of beech trees and fragrant smell of pine woodlands. Along the way, you will pass the old parish church of Santa Maria de Vidabona. When you finally arrive at Ripoll, you will stay at La Trobada, where you will be able to rest and remember this great little adventure.

**Distance: 12.76 km; Net variation in altitude: -600 m**

The Sierra de the Monasteries is a 65 km, self-guided walking route that runs in the interior of Catalonia, beginning and ending at Ripoll, and which has as its highest point at the summit of El Taga. It is more than just another mountain route because the **luggage transport service, food and accommodation** are all included in the price, and because it will allow you to make contact with the very essence of the heart of Catalonia: **its nature, scenery, country folk, history and gastronomy.** Above all, the route is associated with the monasteries of Ripoll, Sant Joan de les Abadesses and Camprodon, all of which stand at the foot of the Cavallera Sierra. It offers walkers truly unique experiences and with **workshops and visits** all included.



- An authentic experience, offering unspoilt natural scenery, direct contact with nature and an insight into the day-to-day lives of the inhabitants of the catalan Pyrenees.
- Accommodation and meals in old buildings full of history.
- Luggage transport service.
- Traditional cuisine based on local products.
- Visits to medieval monuments.
- Sustainable: walking and using public transport...

